




# Northern Potter School District

## September-October 2023 School Lunches



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| <div>25</div> Chicken nuggets<br>Soft pretzel w/hot cheese<br>Broccoli Green beans<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza       | <div>26</div> Soft beef taco w/shredded lettuce, cheese, diced tomatoes, salsa, and sour cream Corn<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza  | <div>27</div> Chicken Fettuccine Alfredo<br>Garlic breadstick Broccoli<br>Peas and carrots Assorted fruit<br>Milk<br>H.S.: Grab-n-go salad or pizza    | <div>28</div> Chicken patty on a bun<br>Lettuce & sliced tomato<br>Baked beans<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza      | <div>29</div> Cheesy garlic French bread w/marinara sauce<br>Salad<br>Cucumber and tomato cup<br>Assorted fruit Milk Extra: Ice cream<br>H.S.: Chicken fajita        |
| <div>2</div> Popcorn chicken bowl<br>w/mashed potatoes, corn, and gravy<br>Dinner roll Assorted fruit<br>Milk<br>H.S.: Grab-n-go salad or pizza   | <div>3</div> Hamburger w/cheese slice<br>Lettuce & sliced tomato<br>French fries or Sweet potato fries<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza                                       | <div>4</div> Macaroni & Cheese Ham<br>Garlic breadstick Carrots<br>Broccoli Assorted fruit<br>Milk<br>H.S.: Grab-n-go salad or pizza                   | <div>5</div> Toasted cheese sandwich<br>Tomato soup<br>Baked beans Assorted fruit<br>Milk<br>H.S.: Grab-n-go salad or pizza                  | <div>6</div> Pepperoni pizza<br>Salad<br>Cucumber and tomato cup<br>Assorted fruit<br>Milk Extra: Ice cream<br>H.S.: Subs  |
| <div>9</div>  No school   | <div>10</div> Nachos or Taco salad<br>w/seasoned beef on tortilla chips, sour cream, tomatoes, lettuce, hot or shredded cheese, & salsa<br>Corn Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza | <div>11</div> Chicken tenders<br>Soft pretzel w/hot cheese<br>Broccoli Baked beans<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza            | <div>12</div> Meatball sub w/ mozzarella cheese<br>Tater tots<br>Assorted fruit<br>Milk<br>H.S.: Grab-n-go salad or pizza                    | <div>13</div> Hot dog on a bun<br>French fries or Sweet potato fries<br>Assorted fruit<br>Milk Extra: Ice cream<br>H.S.: Grab-n-go salad or pizza                    |
| <div>16</div> Crispy chicken wrap<br>Lettuce, tomatoes, & shredded cheese<br>Baked beans<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza | <div>17</div> Spaghetti w/meat sauce<br>Garlic breadstick<br>Corn Green beans<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza  | <div>18</div> Mozzarella stuffed breadsticks<br>w/marinara sauce Broccoli<br>Mixed vegetables Assorted fruit<br>Milk<br>H.S.: Grab-n-go salad or pizza | <div>19</div> BBQ pork rib<br>Mashed potatoes & gravy<br>Dinner roll Peas & carrots<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza | <div>20</div> Buffalo chicken pizza<br>or Homemade pepperoni pizza<br>Salad<br>Cucumber & tomato cup<br>Assorted fruit Milk Extra: Ice cream<br>H.S.: Chicken fajita |
| <div>23</div> Chicken nuggets<br>Soft pretzel w/hot cheese<br>Broccoli Green beans<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza       | <div>24</div> Soft beef taco w/shredded lettuce, cheese, diced tomatoes, salsa, and sour cream Corn<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza  | <div>25</div> Chicken Fettuccine Alfredo<br>Garlic breadstick Broccoli<br>Peas and carrots Assorted fruit<br>Milk<br>H.S.: Grab-n-go salad or pizza    | <div>26</div> Chicken patty on a bun<br>Lettuce & sliced tomato<br>Baked beans<br>Assorted fruit Milk<br>H.S.: Grab-n-go salad or pizza      | <div>27</div> Cheesy garlic French bread w/marinara sauce<br>Salad<br>Cucumber and tomato cup<br>Assorted fruit Milk Extra: Ice cream<br>H.S.: Chicken fajita        |

### Monday breakfast special

Pancakes w/syrup

Other daily breakfast choices: Toast meal and Cereal & toast meal

Milk choices during breakfast and Lunch include: 1% white and Chocolate skim

Apply on-line for Free and Reduced lunches at: [www.schoolcafe.com](http://www.schoolcafe.com)

\*\*\*Menu subject to change due to supply shortages.

### Tuesday breakfast special

Breakfast pizza

### Wednesday breakfast special

Muffin

All breakfast meals include fruit and milk.

### Thursday breakfast special

Eggstravaganza

C.S. breakfast price: \$ Free

H.S. breakfast price: \$ Free

### Friday breakfast special

Cook's choice

C.S. lunch price: \$2.65

H.S. lunch price: \$2.90

