



Director of Food & Nutrition

Rachel Vargeson Phone: 814.331.3906 | Email: rvargeson@northernpottersd.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
<p>TWO servings of fruit BEFORE first period gets your day in a groove.</p>				<p>1 Pop Tart w/ Toast</p> <p>Goody Bun Orange Fruit Juice</p> 
<p>4 Egg, Sausage, cheese on English Muffin</p> <p>Goody Bun Orange Fruit Juice</p>	<p>5 Mini Cinni</p> <p>Goody Bun Orange Fruit Juice</p>	<p>6 Breakfast Pizza</p> <p>Goody Ring Apple Fruit Juice</p>	<p>7 Assorted Breakfast Pastries</p> <p>Goody Bun Orange Fruit Juice</p>	<p>8 Omelet w/ Toast</p> <p>Goody Bun Orange Fruit Juice</p>
<p>11 Pull Apart Donut</p> <p>Cinnamon Roll Oranges Fruit Juice</p>	<p>12 Strawberry Cream Cheese Bagel</p> <p>Cinnamon Roll Oranges Fruit Juice</p>	<p>13 Breakfast Pizza</p> <p>Goody Ring Apple Fruit Juice</p>	<p>14 Sausage & Cheese On English Muffin</p> <p>Cinnamon Roll Oranges Fruit Juice</p>	<p>15 Soft Filled Cinnamon Toast Crunch Bar</p> <p>Cinnamon Roll Oranges Fruit Juice</p>
<p>18 Mini French Toast</p> <p>Goody Ring Apple Fruit Juice</p>	<p>19 Iced Donut w/ sprinkles</p> <p>Goody Ring Apple Fruit Juice</p>	<p>20 Breakfast Pizza</p> <p>Goody Ring Apple Fruit Juice</p>	<p>21 Ham, Egg, Cheese English Muffin</p> <p>Goody Ring Apple Fruit Juice</p>	<p>22 Omelet w/ Toast</p> <p>Goody Ring Apple Fruit Juice</p>
<p>25</p>  <p>NO SCHOOL</p>	<p>26 Mini Cinni</p> <p>Goody Bun Orange Fruit Juice</p>	<p>27 Breakfast Pizza</p> <p>Goody Ring Apple Fruit Juice</p>	<p>28 Assorted Breakfast Pastries</p> <p>Goody Bun Orange Fruit Juice</p>	<p>29 Assorted Breakfast Pastries</p> <p>Goody Bun Orange Fruit Juice</p>

USDA is an equal opportunity provider, employer, and lender.

Menu subject to change.

