Northern Potter School District
Children's School Lunch

August 2026 LUNCH

Fresh Eats CAFETERIA

Director of Food & Nutrition
Rachel Vargeson | Phone: 814-331-3906 | Email: rvargeson@northernpottersd.org

Monday	Tuesday	Wednesday	Thursday	Friday

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
Students must choose at least one fruit or vegetable

K-8 may choose up to 1/2 cup serving of Fruit.
9th-12th may choose two 1/2 cup servings of Fruit

10	11	12	13	14
	WELCOME BACK TO SCHOOL			
17 **Daily Alternates:** Monday: Chicken Nuggets/Smackers w. Bread Tuesday: Bosco Sticks w/ Marinara Wednesday: Cheeseburger Thursday: Chicken Patty Sandwich Friday: Hot dogs (opposite pizza weeks) Everyday: Peanut Butter & Jelly Sandwhiches Yogurt Parfaits w. Granola	**18**	**19**	**20** French Toast Sticks w/ Sausage Patty Crispy Tator Tots Peaches Chicken Nugget Munchable Chef Salad	**21** Popcorn Chicken Bowl Mashed Potato Pears Chicken Nugget Munchable Chef Salad Turkey Hoagie

Daily Milk Options: **Fat Free Chocolate & 1% White Milk**

USDA is an equal opportunity provider, employer, and lender.
Menu subject to change.

The Nutrition Group

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Monday	Tuesday	Wednesday	Thursday	Friday
24 Grilled Cheese w. Tomato Soup Baked French Fries Cinnamon Applesauce Nacho Munchable Popcorn Chicken Salad Ham Hoagie	**25** Korean Dumplings Seasoned Steamed Broccoli Pineapple Tidbits Nacho Munchable Popcorn Chicken Salad	**26** Dutch Waffle & Chicken Nuggets Mashed Potato 100% Fruit Juice Nacho Munchable Popcorn Chicken Salad Ham Hoagie	**27** Beef & Cheese Nacho w/ Fresh Bread Seasoned Steamed Corn Peaches Nacho Munchable Popcorn Chicken Salad	**28** Pepperoni Pizza BBQ Baked Beans Mandarin Oranges Nacho Munchable Popcorn Chicken Salad Ham Hoagie
31 Spaghetti & Meatballs w. Garlic Bread Seasoned Steamed Peas Strawberry Applesauce Pizza Munchable Turkey Hoagie Garden Salad				

Fruit & Vegetable Options:
Broccoli Florets | Baby Carrots | Peppers
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings of vegetables

Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce
*May choose one ½ cup serving of fruit

A good night's sleep makes tomorrow terrific.

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